



PSHE

Personal, Social, Health and
Economic Education



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PSHE

Personal, Social, Health and Economic Education

Blackheath Prep recognises the importance in promoting children's development in children's personal, social and emotional development and is wholeheartedly committed to providing the opportunities for this to take place. The school focuses on developing the knowledge, skills and understanding that children need to lead confident, healthy, independent lives and to become informed, active, responsible and fulfilled citizens.

What is Personal, Social, Health and Economic Education?

PSHE is an essential and integral part of the whole school curriculum. The curriculum is designed to promote the overall personal and social development of pupils and seeks to underpin the school's vision and values whilst ultimately giving the children the opportunity to understand and practise skills to help them deal their experiences. Social, Moral, Spiritual and Cultural (SMSC) education, Fundamental British Values (FBVs), Relationships and Sex Education (RSE) and Health Education (HE) are embedded and reflected in all areas of the curriculum at Blackheath Prep but are particularly prevalent within PSHE.

The aim of PSHE is to help pupils to embrace change, feel positive about who they are and enjoy healthy, happy, safe, responsible and fulfilled lives. Pupils also learn how to become active, informed and responsible citizens and to value the experience of living in a democratic society.

The curriculum aims to develop essential skills and processes such as

- critical and positive reflection,
- decision making,
- managing risks,
- developing and sustaining healthy relationships,
- safeguarding and working with others,
- analysing and reflecting on information,
- expressing opinions respectfully and effectively,
- resolving conflicts with others and within themselves,
- effectively participating in the wider community.

Aims and objectives

The school's vision and values are reflected in the PSHE curriculum, which intends to nurture the children's knowledge, skills and understanding through the following fingerprint which is unique to the subject.

Through our PSHE curriculum, pupils:

- Understand their rights and responsibilities and how they can contribute positively the local and global community.
- Learn to appreciate diversity, respect differences and practise acceptance.
- Become equipped to make wise choices, understand how to manage risk and set goals and aspirations for the future.
- Learn strategies for self-regulation and explore healthy lifestyle choices to promote well-being and build self-esteem.

- Understand how to build and sustain healthy relationships and boundaries while being provided with knowledge and strategies to manage change

Teaching and Learning

At Blackheath Prep we teach PSHE throughout our curriculum including our text choices in English, Historical Figures in History and exploring approaches to global environmental issues in Geography. From Reception to Y6, the children also access weekly PSHE lessons taught by their class teacher (including RSE which covers the Sex Education strand of the curriculum). Please see the RSE policy for further details.

Time Allocation

Pre-Prep: 55 minutes weekly

Prep: 55 minutes weekly

The curriculum will be delivered in varied ways, taking account of the different needs of pupils.

Curriculum

See Appendix 1 for curriculum overview

While a number of topics need to be taught explicitly within the PSHE lessons, much of the knowledge and skills required by children is covered implicitly within the curriculum as a whole. Internet awareness/safety will be included as part of the Computing scheme of work.

Continuity and progression

Our curriculum is organised into coordinated topic areas appropriate to the pupils' ages. This ensures that there is continuity and progression between year groups. Topics will be revisited in different ways in successive years, with each area building upon and extending the work that has already been achieved.

Planning:

Clear guidelines are provided for all the class teachers of topics that need to be covered during the year. The scheme of work that has been put in place, will allow all children to take a full and active part in class lessons and access the PSHE curriculum on an equal footing to their peers.

Throughout the school, children will be given the opportunity to:

- Develop a sense of responsibility
- Feel positive about themselves
- Make real choices and decisions
- Meet and talk with people
- Develop relationships through work and play
- Consider social and moral dilemmas that they come across within and outside themselves.

Adaptations for children with SEND

Teachers are made aware of pupil's specific needs and plan accordingly. Some children with SEND may need adaptations to support them in fully understanding social and emotional issues safely at their own age and stage.

Assessment and marking

Ipsative assessment is used to allow the children to evaluate their own progress alongside teacher judgements which are informed by talking with, listening to and the observations of the children in each lesson. Verbal feedback

is given to the children during the lesson. A scrapbook per class is used to record the progress and outcomes of children's learning alongside pupil voice.

There is no allocation for PSHE homework except where it is being taught on a cross-curricular basis. In the curriculum handbook, there is advice for how to advance the children's knowledge at home.

Communication with parents

Parents are informed of the curriculum content at the start of each academic year. Responsibility for the topics covered is the responsibility of the class teacher, in conjunction with the Subject Leader where applicable.

Appendix 1
Link to Curriculum Overview

[PSHE Pre-Prep Progression Map](#)

[PSHE Prep Progression Map](#)



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